



# Horizon Central Athletic Association (HCAA)

## DISTRICT TRACK & FIELD RECORDS – SENIOR

Record keeping began in 2007 with creation of the HCAA. The senior quadathlon was added in 2011.

In 2012, 2016, & 2019, all track events (except the 1500m in 2012) were hand-timed. In the 800m & 1500m, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than one second. In the quad, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than 100 points.

### Senior Boys

<b>Event:</b>	<b>Record Holder:</b>	<b>School:</b>	<b>Performance:</b>	<b>Year:</b>
100m Hurdles	Jordan Nosbush	Lake Lenore	14.13	2007
100m	Ryan Graf	Humboldt	10.98	2011
200m	Ryan Graf	Humboldt	22.37	2011
400m	Brayden Mytopher	Strasbourg	53.48	2017
800m	Brayden Mytopher	Strasbourg	2:04.39	2017
1500m	Brayden Mytopher	Strasbourg	4:05.27	2018
3000m	Brayden Mytopher	Strasbourg	9:28.73	2018
Long Jump	Kyle Wehage	Middle Lake	6.34m	2015
Triple Jump	Zachary Rohel	Annaheim	13.02m	2015
High Jump	Paul Mennie	Kelvington	1.90m	2013
Pole Vault	Zachary Rohel	Annaheim	2.95m	2015
Shot Put	Ty Peterson	Kelvington	15.19m	2016
Discus	Justin Smart	Cudworth	41.55m	2010
Javelin	Landon Kohle	Cudworth	53.76m	2018
Quadathlon	Rylan Marianchuk	Humboldt	2,339pts	2018
Quadathlon (*HT)	Adam Gerwing	Lake Lenore	2,377pts	2016
4 x 100m relay	NW Quadrant		45.01	2011
4 x 400m relay	NE Quadrant		3:50.69	2008

### Senior Girls

<b>Event:</b>	<b>Record Holder:</b>	<b>School:</b>	<b>Performance:</b>	<b>Year:</b>
80m Hurdles	Morgan Borstmayer	St. Brieux	12.21	2013
100m	Hunter Pickering	Lanigan	12.37	2015
200m	Brianne Theisen	Humboldt	25.74	2007
400m	Meghan Flavel	Humboldt	59.80	2009
800m	Megan Saelhof	Young	2:27.18	2007
1500m	Megan Saelhof	Young	4:59.55	2007
3000m	Megan Saelhof	Young	11:39.21	2007
Long Jump	Nicole Breker	Muenster	5.53m	2007
Triple Jump	Catherine Vachon	Bellevue	10.76m	2018
High Jump	Brianne Theisen	Humboldt	1.68m	2007
Pole Vault	Courtney Erickson	Quill Lake	3.40m	2011
Shot Put	Chelsey Revoy	Rose Valley	12.46m	2007
Discus	Chelsey Revoy	Rose Valley	36.48m	2007
Javelin	Jenay Varga	Muenster	36.86m	2018
Quadathlon	Cassidy Evans	Kelvington	2,080pts	2018
4 x 100m relay	NE Quadrant		54.01	2008
4 x 400m relay	SW Quadrant		4:31.03	2011



# Horizon Central Athletic Association (HCAA)

## DISTRICT TRACK & FIELD RECORDS – JUNIOR

Record keeping began in 2007 with creation of the HCAA. The junior quadathlon was added in 2016.

In 2012, 2016, & 2019, all track events (except the 1500m in 2012) were hand-timed. In the 800m & 1500m, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than one second. In the quad, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than 100 points.

### Junior Boys

Event:	Record Holder:	School:	Performance:	Year:
100m Hurdles	Ryan Graf	Humboldt	14.24	2010
100m	Ryan Graf	Humboldt	11.10	2010
200m	Ryan Graf	Humboldt	23.61	2010
400m	Masson Altrogge	Humboldt	54.59	2017
800m	Jerome Montpetit	Bruno	2:10.31	2017
<b>800m (*HT)</b>	<b>Adam Mytopher</b>	<b>Strasbourg</b>	<b>2:09.77</b>	<b>2019</b>
1500m (*HT)	Brayden Mytopher	Strasbourg	4:28.96	2016
3000m	Brayden Mytopher	Strasbourg	9:48.69	2016
Long Jump	Tristan Berquist	Wynyard	6.13m	2018
Triple Jump	William Mansbridge-Goldie	Strasbourg	13.33m	2017
High Jump	Gerad Dyck	Humboldt	1.86m	2008
Pole Vault	Kyle Scott	Young	2.40m	2010
Shot Put	Ty Peterson	Kelvington	13.29m	2014
Discus	Justin Smart	Cudworth	36.22m	2008
Javelin	Jordan Breker	Muenster	46.68m	2015
Quadathlon	Jan Mark Rosalin	St. Brieux	1,936pts	2017
<b>Quadathlon (*HT)</b>	<b>Justin Popadyne</b>	<b>Wynyard</b>	<b>1,984pts</b>	<b>2019</b>
4 x 100m relay	NW Quadrant		47.45	2013

### Junior Girls

Event:	Record Holder:	School:	Performance:	Year:
80m Hurdles	Morgan Borstmayer	St. Brieux	13.26	2011
80m Hurdles (*HT)	Lily Yungmann	Annaheim	13.25	2016
100m	Kiana Peters	Muenster	12.91	2013
200m	Hunter Pickering	Lanigan	26.71	2013
400m	Meghan Flavel	Humboldt	1:01.04	2008
800m	Meghan Flavel	Humboldt	2:29.97	2008
1500m	Grace Flaman	Lake Lenore	5:27.53	2015
3000m	Julia Edwards	Strasbourg	12:14.40	2012
Long Jump	Alyson Edwards	Strasbourg	4.97m	2017
Triple Jump	Makenna Gerwing	Humboldt	10.62m	2017
High Jump	Alyson Edwards	Strasbourg	1.61m	2017
Pole Vault	Meghan Flavel	Humboldt	2.50m	2008
Shot Put	Reagan Fedak	Foam Lake	10.76m	2013
Discus	Danielle Fedak	Foam Lake	32.61m	2015
Javelin	Jenay Varga	Muenster	35.43m	2016
Quadathlon	Cassidy Evans	Kelvington	1,944pts	2016
4 x 100m relay	SW Quadrant		55.15	2013



# Horizon Central Athletic Association (HCAA)

## DISTRICT TRACK & FIELD RECORDS – MIDGET

Record keeping began in 2007 with creation of the HCAA.

The Midget girls shot put weight changed from 4kg to 3kg in 2016.

In 2012, 2016, & 2019, all track events (except the 1500m in 2012) were hand-timed. In the 800m & 1500m, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than one second.

### Midget Boys

Event:	Record Holder:	School:	Performance:	Year:
100m Hurdles	Jay Eichorst	Humboldt Coll.	14.92	2018
100m Hurdles (*HT)	Masson Altrogge	Middle Lake	14.75	2016
100m	Layne Kanak	Quill Lake	12.04	2014
<b>100m (*HT)</b>	<b>Dayton Uchacz</b>	<b>Lanigan</b>	<b>11.69</b>	<b>2019</b>
200m	Jordan Schulz	Strasbourg	24.87	2011
	Jared Giddings	Humboldt Coll.	24.87	2013
<b>200m (*HT)</b>	<b>Dayton Uchacz</b>	<b>Lanigan</b>	<b>24.12</b>	<b>2019</b>
400m	Adam Mytopher	Strasbourg	54.94	2018
800m	Brayden Mytopher	Strasbourg	2:10.10	2015
1500m	Brayden Mytopher	Strasbourg	4:26.47	2015
3000m	Brayden Mytopher	Strasbourg	10:07.67	2015
Long Jump	Kody McGinn	Humboldt Coll.	5.71m	2018
Triple Jump	Jeffrey Ness	Humboldt Coll.	11.81m	2009
High Jump	Jesse MacDonald	Rose Valley	1.78m	2007
<b>Pole Vault</b>	<b>Joshua Cataros</b>	<b>Strasbourg</b>	<b>2.55m</b>	<b>2019</b>
Shot Put	Ty Peterson	Kelvington	14.68m	2013
Discus	Reigan Gallais	St. Brieux	42.08m	2011
Javelin	Kalvin Rueve	Muenster	52.22m	2015
4 x 100m relay	NW Quadrant		49.58	2011

### Midget Girls

Event:	Record Holder:	School:	Performance:	Year:
80m Hurdles	Kelly Romaniuk	Humboldt Coll.	13.59	2017
80m Hurdles (*HT)	Taylor Zwarych	Humboldt Coll.	13.16	2016
100m	Mercedes Robinson	Watson	13.33	2015
100m (*HT)	Taylor Zwarych	Humboldt Coll.	13.01	2016
200m	Alyson Edwards	Strasbourg	27.02	2015
200m (*HT)	Taylor Zwarych	Humboldt Coll.	26.53	2016
400m	Kelly Zimmerman	Englefeld	1:02.21	2009
800m	Emily Koshinsky	Lanigan High	2:32.15	2013
1500m	Beth Koshinsky	Lanigan High	5:16.62	2011
3000m	Jade Smith	Lake Lenore	11:41.31	2017
Long Jump	Breanne Kohle	Cudworth	5.18m	2007
Triple Jump	Alyson Edwards	Strasbourg	10.55m	2015
High Jump	Paige Crozon	Humboldt Coll.	1.50m	2009
Pole Vault	Meghan Flavel	Humboldt Coll.	2.20m	2007
Shot Put (3kg, 2016+)	Jaedyn Rudichuk	Wakaw	11.30m	2017
Shot Put (4kg, to 2015)	Reagan Fedak	Foam Lake	10.61m	2012
Discus	Danielle Fedak	Foam Lake	28.86m	2014
Javelin	Madison Rachkewich	Rose Valley	32.61m	2017
4 x 100m relay	NW Quadrant		56.02	2008



# Horizon Central Athletic Association (HCAA)

## DISTRICT TRACK & FIELD RECORDS – BANTAM

Record keeping began in 2007 with creation of the HCAA. The bantam quadathlon was added in 2010.

The Bantam girls shot put weight changed from 4kg to 3kg in 2016.

In 2012, 2016, & 2019, all track events (except the 1500m in 2012) were hand-timed. In the 800m & 1500m, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than one second. In the quad, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than 100 points.

### Bantam Boys

Event:	Record Holder:	School:	Performance:	Year:
80m Hurdles	Brady Sunderland	Humboldt Public	12.73	2011
100m	Dayton Uchacz	Lanigan Elem	12.05	2018
100m (*HT)	Tristan Bergquist	Wynyard Comp	12.02	2016
200m	Dayton Uchacz	Lanigan Elem	24.84	2018
400m	Adam Mytopher	Strasbourg	57.70	2017
800m	Devin McDonald	Watrous	2:20.94	2007
1500m	Matthew Parsons	Middle Lake	4:49.98	2012
3000m	Dalton Kiedrowski	Lake Lenore	10:50.15	2016
Long Jump	Levi Rusnell	Kelvington	5.49m	2008
Triple Jump	Jay Eichorst	St. Augustine (Hum)	11.11m	2017
High Jump	Ricky Martens	Imperial	1.66m	2017
Pole Vault	Colby Decker	Strasbourg	2.25m	2018
<b>Shot Put</b>	<b>Derrick Prisiak</b>	<b>Wynyard</b>	<b>12.38m</b>	<b>2019</b>
Discus	Matthew Doepker	St. Dominic (Hum)	36.27m	2008
Javelin	Kalvin Rueve	Muenster	47.17m	2014
Quadathlon	Luke Schutchings	Kelvington	1,578pts	2018
4 x 100m relay	NE Quadrant		51.10	2011

### Bantam Girls

Event:	Record Holder:	School:	Performance:	Year:
80m Hurdles	Mary Latoski	Wynyard Comp	13.32	2015
100m	Taylor Zwarych	St. Augustine (Hum)	13.07	2015
200m	Taylor Zwarych	St. Augustine (Hum)	27.29	2015
400m	Cara Dobrohoczki	Middle Lake	1:05.26	2018
800m (*HT)	Emily Koshinsky	Lanigan Elem.	2:35.50	2012
1500m	Alyssa Regie	LeRoy	5:18.49	2017
3000m	Alyssa Regie	LeRoy	11:58.80	2017
Long Jump	Mary Latoski	Wynyard Comp	4.89m	2015
Triple Jump	Sydney Hilbert	St. Dominic (Hum)	9.81m	2017
High Jump	Paige Crozon	St. Dominic (Hum)	1.50m	2008
Pole Vault	Chantal Krauter	Young	1.80m	2007
<b>Shot Put (3kg, 2016+)</b>	<b>Taylor Johnston</b>	<b>Nokomis</b>	<b>10.87m</b>	<b>2019</b>
Shot Put (4kg, to 2015)	Reagan Fedak	Foam Lake	9.13m	2011
Discus	Jessica Weiman	Bruno	26.85m	2008
Javelin	Madison Rachkewich	Rose Valley	28.52m	2016
Quadathlon	Tanesha Novak	Kelvington	1,904pts	2014
4 x 100m relay	St. Augustine (Hum)		56.46	2015



# Horizon Central Athletic Association (HCAA)

## DISTRICT TRACK & FIELD RECORDS - PEEWEE

The PeeWee category was added to the District Meet in 2009.

The PeeWee boys and girls shot put weight changed from 4kg to 3kg in 2016.

In 2012, 2016, & 2019, all track events (except the 1500m in 2012) were hand-timed. In the 800m & 1500m, both the hand-timed and electronically-timed records would be listed only if the hand-timed performance bettered the electronically-timed performance by less than one second.

### PeeWee Boys

Event:	Record Holder:	School:	Performance:	Year:
80m Hurdles	Tony Ullman	Raymore	13.35	2015
100m	Tony Ullman	Raymore	12.59	2015
200m	Luis Rosalin	St. Brieux	27.02	2015
400m	Ghyphum Muyco	Drake	1:02.37	2018
800m	Jamie Davis	Lake Lenore	2:31.02	2013
1500m	Adam Mytopher	Strasbourg	5:09.36	2016
3000m	Dalton Kiedrowski	Lake Lenore	11:46.16	2015
<b>Long Jump</b>	<b>Kenji Belgica</b>	<b>Strasbourg</b>	<b>5.23m</b>	<b>2019</b>
<b>Triple Jump</b>	<b>Jemar Brockman</b>	<b>Watrous Elem</b>	<b>10.48m</b>	<b>2019</b>
High Jump	Colby Machiskinic	Kawacatoose	1.54m	2014
<b>Pole Vault</b>	<b>Kenji Belgica</b>	<b>Strasbourg</b>	<b>2.25m</b>	<b>2019</b>
Shot Put (3kg, 2016+)	Travis Tessier	Bellevue	11.86m	2016
Shot Put (4kg, to 2015)	Roszell Tieman	Punnichy Elem.	10.40m	2013
	Drake Strand	Watrous Elem.	10.40m	2013
Discus	Reigan Gallais	St. Brieux	33.33m	2009
<b>Javelin</b>	<b>Kenji Belgica</b>	<b>Strasbourg</b>	<b>36.98m</b>	<b>2019</b>
4 x 100m relay	NW Quadrant		56.59	2013

### PeeWee Girls

Event:	Record Holder:	School:	Performance:	Year:
80m Hurdles	Mary Latoski	Wynyard Comp	13.55	2014
100m	Mary Latoski	Wynyard Comp	13.61	2014
200m	Mary Latoski	Wynyard Comp	28.83	2014
400m	Alyson Edwards	Strasbourg	1:04.37	2014
800m (*HT)	Alyssa Regie	LeRoy	2:38.35	2016
800m	Cara Dobrohoczki	Middle Lake	2:39.25	2017
1500m	Alyson Edwards	Strasbourg	5:27.81	2014
3000m	Alyson Edwards	Strasbourg	12:22.80	2014
Long Jump	Mary Latoski	Wynyard Comp	4.90m	2014
Triple Jump	Jaycee Sperling	Watrous High	9.57m	2017
High Jump	Kelsey Gudmunson	Wynyard	1.45m	2009
Pole Vault	Grace Edwards	Strasbourg	1.80m	2018
Shot Put (3kg, 2016+)	Haley Lins	Humboldt Public	8.74m	2017
Shot Put (4kg, to 2015)	Reagan Fedak	Foam Lake	8.66m	2010
Discus	Makenzie Senko	St. Dominic (Hum)	23.61m	2011
Javelin	Peyton Weiss	Drake	25.21m	2012
4 x 100m relay	Lanigan Elem		56.74	2017